

# *The Park Hotel Breakfast Menu*

## *Your Choice to Start*

Cereals

*Cornflakes, Rice Crispies, Bran Flakes, Muesli, Weetabix*

Porridge

Grapefruit Segments In Juice

Prunes In Juice

Fruit Yoghurt

## *Followed By*

Full English Breakfast

*Fried Egg, Sausage, Grilled Bacon, Fried Bread, Sauté Potatoes*

*Mushrooms, Baked Beans And Your Choice Of Plum Tomatoes In Juice Or*

*Freshly Grilled Tomato*

*Or*

Vegetarian Breakfast

*Fried Egg, Vegetarian Sausage, Fried Bread, Hash Browns*

*Mushrooms, Baked Beans And Your Choice Of Plum Tomatoes In Juice Or*

*Freshly Grilled Tomato*

*Or*

Poached Eggs, Scrambled Eggs, or Boiled Eggs Served With Toast

*Or*

Grilled Kipper Fillet Served With a Lemon Wedge

*Or*

Fresh Fruit Platter

*Your Breakfast Will Be Served With*

White or Wholemeal Toast, Marmalade And Various Preserves  
(please ask your waiter)

*Plus Your Choice of Hot and Cold Beverages:*

Chilled Fruit Juice:

*Orange, Grapefruit, Apple, Tomato*

Pot of Regular Tea or Earl Grey Tea

Regular or Decaffeinated Coffee

Pot of Herbal Tea:

*Green tea with jasmine, Blackcurrant & Ginseng, Camomile, Lemon &  
Ginger*

Hot Chocolate

*We hope you have an enjoyable day*